

# market hall **FOODS**

Oakland: 5655 College Avenue, (510) 250-6005 • Berkeley: 1786 Fourth Street, (510) 250-6004

## Thanksgiving Menu 2023 – Ingredients

*Dietary Info: DF (Dairy Free), GF (Gluten Free), V (Vegetarian), Vegan*

### **Caramelized Leek & Winter Squash Quiche** *V*

**Crust:** Flour, butter, water, salt.

**Filling:** Crème fraîche, egg, Emmental cheese, butternut squash, leeks, extra virgin olive oil, salt, white pepper.

### **Quiche Lorraine**

**Crust:** Flour, butter, salt.

**Filling:** Eggs, bacon, crème fraîche, Emmental cheese, white pepper, salt.

### **Creamy Butternut Squash & Apple Bisque** *GF, V*

Butternut squash, vegetable stock, onions, carrots, Granny Smith apples, cream, milk, celery, grapeseed & extra virgin olive oil, butter, garlic, tomato paste, curry powder, ginger, sugar, nutmeg, salt, black pepper, cayenne.

### **Seeds & Cheese Crackle** *GF, V*

Seed mix (sesame, poppy, flax, pumpkin, sunflower), cheese blend (asiago, fontina), salt.

### **Roasted Mary's Turkey** *DF, GF*

Turkey, white wine, salt, thyme, onion powder, garlic, Dijon mustard, sugar, bay leaves, allspice, juniper berries, black pepper.

### **Fra' Mani Sweet Apple Ham** *GF*

Ham, apple juice, brown sugar, salt, vinegar, celery powder. **Maple & Crystallized Ginger Glaze**  
Butter, maple syrup, brown sugar, crystallized ginger, salt.

### **Yams & Apples with Cranberries** *GF, V*

Yams, apples, cranberries, brown sugar, butter, maple syrup, crystallized ginger.

### **The Midwife and the Baker Brioche Rolls** *V*

Flour, canola oil, eggs, honey, salt, yeast.

### **Grand Bakery Challah Rolls** *V*

Flour, eggs, oil, sugar, yeast and salt.

**Brussels Sprouts with Pecans** *DF, GF, Vegan*

Brussels sprouts, grapeseed & extra virgin olive oil, lemon, mustard, pecans, salt, pepper.

**Buttery Mashed Potatoes** *GF, V*

Russet potatoes, butter, cream, salt, white pepper.

**Green Beans** *GF, V*

Blanched green beans. **Herb and Roasted Garlic Butter:** Butter, olive oil, shallots, garlic, dijon mustard, salt, black pepper, oregano, thyme, rosemary, parsley.

**Cranberry Orange Sauce** *DF, GF, Vegan*

Cranberries, sugar, orange zest, orange juice.

**Pear, Apple & Dried Cherry Chutney** *DF, GF, Vegan*

Apples, pears, dried cherries, lemon juice, brown sugar, brandy, white wine, candied ginger, cinnamon, allspice, chile flakes, black pepper.

**Mushroom Gravy** *GF, V*

Vegetable stock, onions, crimini mushrooms, butter, rice flour, potato flour, sherry, parsley, salt, thyme, rosemary, sage, black pepper.

**Truffle Butter** *GF, V*

Butter, black truffle, shallots, grapeseed & extra virgin olive oil, salt, black pepper.

**Classic Turkey Gravy**

Turkey stock, flour, butter, chicken fat, salt, pepper.

**Cornbread Stuffing** *V*

Cornmeal, vegetable stock, butter, eggs, flour, honey, milk, canola oil, baking powder, salt, onions, celery, grapeseed & extra virgin olive oil, almonds, carrots, sage, black pepper.

**Harvest Grains** *GF, Vegan*

Wild rice, basmati rice, butternut squash, kale, cranberries, grapeseed & extra virgin olive oil, celery, onion, carrots, thyme, sage, vegetable stock, parsley, salt, pepper.

**Pork Sausage Mix with Sage & Thyme** *DF, GF*

Pork, salt, sage, thyme, brown sugar, black pepper, onion powder, chicken stock, mace.

**Turkey Stock** *GF*

Water, turkey, onions, leeks, carrots, celery, garlic, bay leaves, parsley, thyme, oregano, cloves.

**Mushroom Stock** *DF, GF, Vegan*

Water, onions, leeks, garlic, dried mushrooms, black pepper, cremini mushrooms, carrots, parsley, sage, thyme, bay leaves.

**Chicken Demi Glace** *DF, GF*

Chicken bones, bay leaf, parsley, thyme, carrots, celery, onions, garlic, clove, leeks, oregano, black pepper.

**Pork Demi Glace** *DF, GF*

Pork bones, leeks, carrots, celery, onions, garlic, tomato, bay leaves, black pepper, clove, thyme, parsley, sage, oregano, red wine.

**Veal Demi Glace** *DF, GF*

Veal bones, leeks, carrots, celery, onions, garlic, tomato, bay leaves, black pepper, clove, thyme, parsley, sage, oregano, red wine.

**Vegetable Demi Glace** *DF, GF, Vegan*

Carrots, celery, onion, mushrooms, leeks, potatoes, bay leaves, thyme, parsley, white pepper, tomatoes, extra virgin olive oil.

**Classic Pumpkin Pie** *V*

Pumpkin, eggs, cream, sugar, butter, rum, flour, lemon, cinnamon, ginger, cloves, allspice, salt.

**Pecan Tart** *V*

Sugar, pecans, eggs, flour, butter, vanilla, salt.

**Apple Crumble Pie** *V*

Apples, flour, butter, sugar, salt, vanilla, vinegar, lemon, cinnamon, eggs.

**Pumpkin Cheesecake** *V*

Pumpkin puree, cream cheese, sugar, eggs, mascarpone, spices, flour, molasses, butter, cream, candied ginger, spices, baking soda, gelatin, salt, orange coloring.

**Pear and Almond Tart** *V*

Flour, butter, eggs, sugar, almonds, pears, orange, lemon, white wine, spices, milk, cream, apricot jam and salt.

**Chocolate Mousse Cake** *GF, V*

Chocolate, eggs, cream, brandy and salt. *V*

**Apple and Cranberry Galette** *V*

Apple, cranberries, flour, sugar, butter, sour cream, lemon juice, vinegar, egg, cream, apricot jam and salt.