

# market hall **FOODS**

5655 College Avenue, Oakland (510) 250-6005

## New Year's Menu 2024 — Ingredients

*Dietary Info : DF (Dairy Free), GF (Gluten Free), V (Vegetarian), Vegan*

### Nibbles & Starters:

#### **Smoked Salmon Spread** *GF*

Smoked salmon, salt, black pepper, shallot, capers, lemon juice, lemon zest, butter, cream cheese, parsley.

#### **Beet Hummus** *DF, GF, Vegan*

Red beets, garbanzo beans, tahini (sesame seed paste), salt, pomegranate concentrate, cayenne, white pepper, lemon juice.

#### **Crab & Spinach Dip** *GF*

Crab, spinach, sour cream, onions, mayonnaise (cage free egg yolks, white wine vinegar, water, mustard powder, salt, white pepper, canola oil & lemon juice), extra virgin olive oil, grapeseed oil, garlic, Worcestershire sauce (contains anchovies), salt, Tabasco, pepper.

#### **Fig & Olive Tapenade** *DF, GF, Vegan*

Figs, olives, extra virgin olive oil, grapeseed oil, roasted garlic, salted capers, chile flakes, orange zest.

#### **Pimento Cheese** *GF, V*

Cheddar, cream cheese, housemade mayonnaise (egg yolks, white wine vinegar, water, mustard powder, salt, white pepper, canola oil, lemon juice), pimentos, garlic powder, salt, cayenne.

#### **Truffle Butter** *GF, V*

Butter, black truffle, shallots, truffle essence, extra virgin olive oil, grapeseed oil, salt, black pepper.

#### **Gorgonzola Stuffed Dates** *GF, V*

Gorgonzola, cream cheese, dried dates, white pepper, salt.

#### **Artichoke & Parmigiano-Reggiano Spread** *GF, V*

Artichoke, grapeseed oil, extra virgin olive oil, Parmigiano-Reggiano, parmesan, shallots, garlic, thyme, salt, pepper.

#### **Gorgonzola Walnut Spread** *GF, V*

Cream cheese, Gorgonzola, walnuts, green onion, salt, pepper.

#### **Mixed Pickled Vegetables** *DF, GF, Vegan*

Mixed vegetables, vinegar, sugar, salt, pepperoncini, green olives, jalapeño, onions, mustard seeds, coriander, chile flakes, oregano, cumin.

#### **Honey Glazed Chicken Wings** *DF*

Chicken, extra virgin olive oil, grapeseed oil, salt, pepper, paprika, garlic, honey, Sriracha, soy sauce, lime juice, cornstarch.

#### **Deviled Eggs Trio** *DF, GF*

Eggs, mayonnaise (cage-free egg yolks, white wine vinegar, water, mustard powder, salt, white pepper, canola oil & lemon juice), mustard, paprika, Tabasco, salt, white pepper, chive, watercress, smoked trout roe.

#### **Crab Cakes with Spicy Rémoulade**

Crab, onion, butter, eggs, mayonnaise (cage-free egg yolks, white wine vinegar, water, mustard powder, salt, white pepper, canola oil & lemon juice), celery, panko breadcrumbs, lemon, salt, horseradish, parsley, mustard powder, thyme, Tabasco, paprika, old bay seasoning, black pepper.

Remoulade: shallot, celery, garlic, chili sauce, grainy mustard, horseradish, thyme, worcestershire sauce (contains anchovies), Tabasco, salt, black pepper, paprika, parsley.

### **Crostini** *V*

Baguette, extra virgin olive oil-grapeseed oil blend, butter, garlic, salt, pepper. Vegetarian.

### **Seeds & Cheese Crackle** *GF, V*

Seed mix (sesame, poppy, flax, pumpkin, sunflower), cheese blend (asiago, fontina), salt.

### **Sweet & Savory Nuts** *GF, Vegan*

Peanuts, walnuts, pecans, almonds, maple syrup, extra virgin olive oil, cayenne, rosemary, thyme, sage, salt, pepper.

## Housemade Charcuterie:

### **Salmon Rillettes** *GF*

Salmon, capers, salt, white pepper, thyme, Marash chile flakes, garlic, shallots, lemon zest, butter, chives, Dijon mustard, black pepper.

### **Chicken Liver Mousse** *GF*

Chicken liver, butter, onions, Granny Smith apples, cream, sherry, salt, lemon juice, white pepper, sugar, red wine vinegar, gelatin, port wine.

### **Picnic Paté with Pistachios** *DF, GF*

Chicken thigh meat, pork, pancetta, pistachios, pork fat, caul fat, cherries, black pepper, coriander, fennel seeds, clove, salt, garlic, sage, thyme, brandy, nutmeg, cinnamon, cayenne, bay leaf powder, nitrate, dijon mustard.

### **Duck Confit** *DF, GF*

Duck legs, salt, garlic, thyme, bay leaves, lemon zest. Poached in duck fat.

### **Gravlax** *DF, GF*

Salmon, sugar, Aquavit, salt, dill, lemon, juniper berries, black pepper.

### **Smoked Salmon** *DF, GF*

Salmon, salt, sugar, juniper berries, coriander, white pepper.

## Savory Little Pastries:

**Pastry (all):** Flour, butter, water, salt.

**Spicy Beef Empanadillas:** Ground beef, grapeseed oil, extra virgin olive oil, spinach, onion, garlic, feta, mozzarella, provolone, cumin, coriander, sumac, Marash chile, chile flakes, tomato paste, tomatoes, parsley, salt, pepper.

**Wild Mushroom Empanadillas** *V*: Cremini mushrooms, dried porcini mushrooms, onions, shallots, garlic, grapeseed oil, extra virgin olive oil, fresh thyme, sherry, ricotta, mozzarella, provolone, salt, pepper.

**Goat Cheese & Fig Empanadillas** *V*: Goat cheese, dried figs, shallots, mozzarella, provolone, moscatel vinegar, salt, pepper, lemon zest.

**Spinach & Feta Triangles** *V*: Phyllo pastry, feta cheese, cream cheese, spinach, grapeseed oil, extra virgin olive oil, onion, butter, dill.

## Dinner is Served:

### **Paella with Chicken, Chorizo & Shrimp** *DF, GF*

Arborio rice, chicken thigh meat, shrimp, chorizo (pork), chicken stock, sherry wine, peas, carrots, green olives, onions, red peppers, grapeseed oil, extra virgin olive oil, capers, parsley, garlic, pimenton, saffron, cayenne, white & black pepper, salt.

### **Beef Bourguignon** *DF*

Beef, carrots, mushrooms, grapeseed oil, extra virgin olive oil, onions, pancetta, red wine, tomatoes, beef stock, flour, garlic, thyme, rosemary, pimentón, salt, pepper, bay leaves.

## Lasagnes

**House made egg pasta (all):** Durum wheat flour, eggs, semolina flour.

**Beef Ragù Lasagne:** Beef, pork, onions, carrots, celery, pancetta, garlic, extra virgin olive oil, grapeseed oil milk, white wine, tomato paste, salt, thyme, bay leaves, pepper, ricotta, eggs, mozzarella, provolone, parmesan, tomatoes, red onions.

**Porcini & Truffle Lasagne:** Cremini mushrooms, milk, flour, butter, parmesan, ricotta, mozzarella, provolone, egg, onions, extra virgin olive oil, grapeseed oil, dried mushrooms,

thyme, white pepper, porcini powder, salt, cayenne, mace, truffle essence. [V](#)

**Butternut Squash & Kale Lasagne:** Butternut squash, kale, onions, milk, butter, flour, parmesan, ricotta, egg, extra virgin olive oil, grapeseed oil, salt, thyme, mace, white pepper, black pepper. [V](#)

### Chicken Pot Pie

**Filling:** Chicken, mushrooms, onions, carrots, celery, potatoes, peas, chicken stock, grapeseed oil, extra virgin olive oil, flour, butter, cream, salt, parsley, oregano, thyme, mace, black pepper, white pepper. **Crust:** Flour, butter, water, vinegar, salt.

### Mushroom Harvest Pot Pie [V](#)

**Filling:** Mixed mushrooms (cremini, shiitake, dried porcini), onions, carrots, celery, potatoes, peas, vegetable stock, grapeseed oil, extra virgin olive oil, flour, butter, cream, salt, parsley, oregano, thyme, mace, black pepper, white pepper. **Crust:** Flour, butter, water, vinegar, salt.

## Sides That Shine:

### Three Cheese Mac & Cheese [V](#)

Elbow macaroni pasta, onion, bread (flour, water, salt, yeast) butter, thyme, cream, milk, Dijon mustard, fontina, white cheddar, parmesan, white pepper, salt. Vegetarian. Contains milk and wheat.

### Honey-Glazed Brussels Sprouts [DF](#), [GF](#), [V](#)

Brussels sprouts, green onions, extra virgin olive oil, grapeseed oil, honey, sherry vinegar, lemon zest, chile flakes, salt, pepper.

### Roasted Baby Potatoes [DF](#), [GF](#), [Vegan](#)

Baby purple, red, and Yukon potatoes, extra virgin olive oil, grapeseed oil, salt, pepper.

### Fennel & Tangerine Little Gem Salad [GF](#), [V](#)

Mixed greens, arugula, little gems, fennel, goat cheese, tangerines, hazelnuts, olive oil, shallots, lime juice, salt, sugar, white pepper, black pepper.

### Falafel Salad [V](#)

Falafel balls (garbanzo beans, fava beans, bulgur wheat, onions, sesame seeds, garlic, cumin, coriander, cilantro, parsley, turmeric, salt, black pepper, cayenne, baking powder, baking soda), little

gem lettuce, cabbage, radish, cucumber, mint, red onion, pickled red onions (champagne vinegar, bay leaves, sugar, salt, black pepper, thyme), tahini yogurt sauce (tahini, yogurt, lemon, mint, salt, pepper, parsley), citrus vinaigrette (shallots, sugar, salt, lime, extra virgin olive oil, black pepper, white pepper).

### Kale Caesar Salad Kit

Kale, croutons, farro, extra virgin olive oil, anchovies, garlic, lemon, sherry vinegar, salt, pepper, parmesan, organic egg yolk, water, parsley, basil, rosemary.

### The Midwife & the Baker Brioche Rolls [V](#)

Flour, canola oil, eggs, honey, salt, yeast.

## Desserts:

### Chocolate Pot de Crème [GF](#), [V](#)

Cream, egg, chocolate, milk, sugar, vanilla, salt.

### Lemon & Blueberry Posset [GF](#), [V](#)

Cream, sugar, lemon, blueberries, eggs, butter.

### Classic Éclair [V](#)

Flour, milk, eggs, butter, cream, sugar, chocolate, cornstarch, vanilla, salt.

### Opera Cake [V](#)

Almond meal, eggs, chocolate (+soy lecithin), flour, sugar, butter, cream, coffee, corn syrup, canola oil, salt.

### Valrhona Dulcey Panna Cotta [GF](#)

Cream, chocolate (+soy lecithin), yogurt, sugar, gelatin, raspberry puree, lemon juice.

### Pumpkin Drop Cookies [V](#)

Butter, brown sugar, eggs, pumpkin puree, vanilla, flour, baking soda, salt, cinnamon, nutmeg, cloves, pecans, dark raisins.

### Cranberry Orange Olive Oil Loaf [V](#)

Flour, sugar, milk, extra virgin olive oil, eggs, cranberries, baking powder, baking soda, orange, salt.

## First Day Brunch:

### Cheese Blintzes [V](#)

**Filling** : Ricotta, farmer's cheese, eggs, sugar, lemon zest, vanilla, salt. **Blintz** : Flour, milk, eggs, butter, sugar, salt. **Fruit Compote** : Quince, apples, dried cherries, wine, orange juice, lemon, cinnamon, vanilla, crystalized ginger, honey, cardamom.

### Quiche

**Crust (all)** : flour, butter, vinegar, salt.

**Lorraine**: Crème fraîche, eggs, Emmental cheese, bacon, salt, white pepper.

**Spinach & Mushroom Quiche** [V](#): Crème fraîche, egg, spinach, mushrooms, Emmental cheese, salt, white pepper.

**Salmon & Leek Quiche**: Salmon, leeks, eggs, cream fraiche, flour, butter, chard, olive oil, dill, lemon, salt and pepper.

### Spinach & Mushroom Frittata [GF](#), [V](#)

Egg, spinach, cremini mushroom, white cheddar, fontina, mozzarella, provolone, parmesan, cream, grapeseed oil, extra virgin olive oil, onion, red bell pepper, garlic, thyme, oregano, salt, pepper.