

# market hall **FOODS**

5655 College Avenue, Oakland (510) 250-6005

## Thanksgiving Menu 2024 — Ingredients

*Dietary Info: DF (Dairy Free), GF (Gluten Free), V (Vegetarian), Vegan*

### Mains:

#### **Roasted Mary's Turkey** *DF, GF*

Turkey, white wine, salt, thyme, onion powder, garlic, Dijon mustard, sugar, bay leaves, allspice berries, juniper berries, black pepper.

#### **Fra' Mani Sweet Apple Ham** *GF*

Ham, apple juice, brown sugar, salt, vinegar, celery powder. **Maple & Crystallized Ginger Glaze:** Butter, maple syrup, brown sugar, crystallized ginger, salt.

#### **Chicken Pot Pie**

**Filling:** Chicken, mushrooms, onions, carrots, celery, potatoes, peas, chicken stock, grapeseed oil, extra virgin olive oil, flour, butter, cream, salt, parsley, oregano, thyme, mace, black pepper, white pepper. **Crust:** Flour, butter, water, vinegar, salt.

#### **Mushroom Harvest Pot Pie** *V*

**Filling:** Mixed mushrooms (cremini, shiitake, dried porcini), onions, carrots, celery, potatoes, peas, vegetable stock, grapeseed oil, extra virgin olive oil, flour, butter, cream, salt, parsley, oregano, thyme, mace, black pepper, white pepper. **Crust:** Flour, butter, water, vinegar, salt.

#### **Lasagnes**

**House made egg pasta (all):** Durum wheat flour, eggs, semolina flour.

**Meat Ragù:** Beef, pork, onions, carrots, celery, pancetta, garlic, extra virgin olive oil, grapeseed oil, milk, white wine, tomato paste, salt, thyme, bay leaves, pepper, ricotta, eggs, mozzarella, provolone, parmesan, tomatoes, red onions, vegetable stock

**Porcini & Truffle:** Cremini mushrooms, milk, flour, butter, parmesan, ricotta, mozzarella, provolone, egg, onions, extra virgin olive oil, grapeseed oil, dried mushrooms, thyme, white pepper, porcini powder, salt, cayenne, mace, truffle essence. *V*

**Butternut Squash & Kale:** Butternut squash, kale, onions, milk, butter, flour, parmesan, ricotta, egg, extra virgin olive oil, grapeseed oil, salt, thyme, mace, white pepper, black pepper. *V*

### Starters:

#### **Caramelized Leek & Winter Squash Quiche** *V*

**Crust:** Flour, butter, water, salt.

**Filling:** Crème fraîche, egg, Emmental cheese, butternut squash, leeks, extra virgin olive oil, salt, white pepper.

#### **Creamy Butternut Squash & Apple Bisque** *GF, V*

Butternut squash, vegetable stock, onions, carrots, Granny Smith apples, cream, milk, celery, extra virgin olive oil, grapeseed oil, butter, garlic, tomato paste, curry powder, ground ginger, sugar, nutmeg, salt, black pepper, cayenne.

#### **Quiche Lorraine**

**Crust:** Flour, butter, salt.

**Filling:** Eggs, bacon, crème fraîche, Emmental cheese, white pepper, salt.

#### **Seeds & Cheese Crackle** *GF, V*

Seed mix (sesame, poppy, flax, pumpkin, sunflower), cheese blend (asiago, fontina), salt.

### **Crostini** *V*

Baguette, extra virgin olive oil-grapeseed oil blend, butter, garlic, salt, pepper. Vegetarian.

### **Gravlax** *DF, GF*

Salmon, sugar, Aquavit, salt, dill, lemon, juniper berries, black pepper.

### **Smoked Salmon** *DF, GF*

Salmon, salt, sugar, juniper berries, coriander, white pepper.

### **Picnic Paté with Pistachios** *DF, GF*

Chicken thigh meat, pork, pancetta, pistachios, pork fat, caul fat, cherries, black pepper, coriander, fennel seeds, clove, salt, garlic, sage, thyme, brandy, nutmeg, cinnamon, cayenne, bay leaf powder, nitrate, dijon mustard.

### **Duck Confit** *DF, GF*

Duck legs, salt, garlic, thyme, bay leaves, lemon zest. Poached in duck fat.

### **Sweet & Savory Nuts** *GF, Vegan*

Peanuts, walnuts, pecans, almonds, maple syrup, extra virgin olive oil, cayenne, rosemary, thyme, sage, salt, pepper.

### **Artichoke & Parmigiano-Reggiano Spread** *GF, V*

Artichoke, grapeseed oil, extra virgin olive oil, Parmigiano-Reggiano, parmesan, shallots, garlic, thyme, salt, pepper.

### **Crab & Spinach Dip** *GF*

Crab, spinach, sour cream, onions, mayonnaise (cage free egg yolks, white wine vinegar, water, mustard powder, salt, white pepper, canola oil & lemon juice), grapeseed oil, extra virgin olive oil, garlic, Worcestershire sauce, salt, Tabasco, pepper.

### **Fig & Olive Tapenade** *DF, GF, Vegan*

Figs, olives, grapeseed oil, extra virgin olive oil, roasted garlic, salted capers, chile flakes, orange zest.

### **Pimento Cheese** *GF, V*

Cheddar, cream cheese, housemade mayonnaise (egg yolks, white wine vinegar, water, mustard powder, salt, white pepper, canola oil, lemon juice), pimentos, garlic powder, salt, cayenne.

### **Gorgonzola Walnut Spread** *GF, V*

Cream cheese, Gorgonzola, walnuts, green onion, salt, pepper.

### **Mixed Pickled Vegetables** *DF, GF, Vegan*

Mixed vegetables, vinegar, sugar, salt, pepperoncini, green olives, jalapeño, onions, mustard seeds, coriander, chile flakes, oregano.

## Sides & Fixings:

### **Brussels Sprouts with Pecans** *DF, GF, Vegan*

Brussels sprouts, grapeseed & extra virgin olive oil, lemon, mustard, maple syrup, pecans, shallots, salt, pepper.

### **Buttery Mashed Potatoes** *GF, V*

Russet potatoes, butter, cream, salt, white pepper.

### **Cornbread Stuffing** *V*

Cornmeal, vegetable stock, butter, eggs, flour, honey, milk, canola oil, baking powder, salt, onions, celery, extra virgin olive oil, grapeseed oil, almonds, carrots, sage, black pepper.

### **Herb & Roasted Garlic Butter Green Beans** *GF, V*

Blanched green beans. **Herb & Roasted Garlic Butter:** Butter, olive oil, shallots, garlic, dijon mustard, salt, black pepper, oregano, thyme, rosemary, parsley.

### **Harvest Grains** *GF, Vegan*

Wild rice, basmati rice, butternut squash, kale, cranberries, extra virgin olive oil, grapeseed oil, celery, onion, carrots, thyme, sage, vegetable stock, parsley, salt, pepper.

### **Three Cheese Mac & Cheese**

Elbow macaroni pasta, onion, bread (flour, water, salt, yeast) butter, thyme, cream, milk, Dijon mustard, fontina, white cheddar, parmesan, white pepper, salt. Vegetarian. Contains milk and wheat.

### **Kale Caesar Salad Kit**

Kale, croutons, farro, extra virgin olive oil, anchovies, garlic, lemon, sherry vinegar, salt, pepper, parmesan, organic egg yolk, water, parsley, basil, rosemary.

### **Yams & Apples with Cranberries** *GF, V*

Yams, apples, cranberries, brown sugar, butter, maple syrup, crystallized ginger.

### **Cranberry Orange Sauce** *DF, GF, Vegan*

Cranberries, sugar, orange zest, orange juice.

### **Pear, Apple & Dried Cherry**

#### **Chutney** *DF, GF, Vegan*

Apples, pears, dried cherries, lemon juice, brown sugar, brandy, white wine, candied ginger, cinnamon, allspice, chile flakes, black pepper.

### **Classic Turkey Gravy**

Turkey stock, flour, butter, chicken fat, salt, pepper.

### **Mushroom Gravy** *GF, V*

Vegetable stock, onions, crimini mushrooms, butter, cream, rice flour, potato flour, sherry, parsley, salt, thyme, rosemary, sage, black pepper.

### **The Midwife & the Baker Brioche Rolls** *V*

Flour, canola oil, eggs, honey, salt, yeast.

### **Grand Bakery Challah Rolls** *V*

Flour, eggs, oil, sugar, yeast and salt.

### **Truffle Butter** *GF, V*

Butter, black truffle, shallots, truffle essence, extra virgin olive oil, grapeseed oil, salt, black pepper.

### **Frozen Empanadillas + Feta Triangles:**

**Pastry (all):** Flour, butter, water, salt.

**Spicy Beef Empanadillas:** Ground beef, grapeseed oil, extra virgin olive oil, spinach, onion, garlic, feta, mozzarella, provolone, cumin, coriander, sumac, Marash chile, chile flakes, tomato paste, tomatoes, parsley, salt, pepper.

**Wild Mushroom Empanadillas***V*: Cremini mushrooms, dried porcini mushrooms, onions, shallots, garlic, grapeseed oil, extra virgin olive oil, fresh thyme, sherry, ricotta, mozzarella, provolone, salt, pepper.

**Goat Cheese & Fig Empanadillas** *V*: Goat cheese, dried figs, shallots, mozzarella, provolone, moscatel vinegar, salt, pepper, lemon zest.

**Spinach & Feta Triangles** *V*: Phyllo pastry, feta cheese, cream cheese, spinach, grapeseed oil, extra virgin olive oil, onion, butter, dill.

## Desserts:

### **Classic Pumpkin Pie** *V*

Pumpkin, eggs, cream, sugar, butter, rum, flour, lemon, cinnamon, ginger, cloves, allspice, salt.

### **Pecan Tart** *V*

Sugar, pecans, eggs, flour, butter, vanilla, salt.

### **Apple Crumble Pie** *V*

Apples, flour, butter, sugar, salt, vanilla, vinegar, lemon, cinnamon, eggs.

### **Pumpkin Cheesecake** *V*

Pumpkin puree, cream cheese, sugar, eggs, mascarpone, spices, flour, molasses, butter, cream, candied ginger, spices, baking soda, gelatin, salt, orange coloring.

### **Chocolate Hazelnut Torte** *GF, V*

Chocolate, butter, sugar, eggs, hazelnuts, tapioca flour, cornstarch, salt, cream of tartar.

### **Cranberry Orange Olive Oil Loaf** *V*

Flour, sugar, milk, extra virgin olive oil, eggs, cranberries, baking powder, baking soda, orange, salt.

### **Pear and Almond Tart** *V*

Flour, butter, eggs, sugar, almonds, pears, orange, lemon, white wine, spices, milk, cream, apricot jam and salt.

### **Holiday Sugar Cookies** *V*

Butter, sugar, eggs, vanilla, baking powder, salt, flour, assorted colored sugars.

### **Pumpkin Drop Cookies** *V*

Butter, brown sugar, eggs, pumpkin puree, vanilla, flour, baking soda, salt, cinnamon, nutmeg, cloves, pecans, dark raisins.

### **Chocolate Mousse Cake** *GF, V*

Chocolate, eggs, cream, brandy and salt.

### **Apple and Cranberry Galette** *V*

Apple, cranberries, flour, sugar, butter, sour cream, lemon juice, vinegar, egg, cream, apricot jam and salt.

## Sous Chef in Your Kitchen:

### **Turkey Rub** *DF, GF, Vegan*

Kosher salt, black pepper, Marash chile flakes, fennel pollen, granulated onion, granulated garlic, paprika, thyme, marjoram.

### **Pork Sausage Mix with Sage & Thyme** *DF, GF*

Pork, salt, sage, thyme, brown sugar, black pepper, onion powder, chicken stock, mace.

### **Turkey Stock** *GF*

Water, turkey, onions, leeks, carrots, celery, garlic, bay leaves, parsley, thyme, oregano, cloves.

### **Mushroom Stock** *DF, GF, Vegan*

Water, onions, leeks, garlic, dried mushrooms, black pepper, cremini mushrooms, carrots, parsley, sage, thyme, bay leaves.

### **Pork Demi Glace** *DF, GF*

Pork bones, leeks, carrots, celery, onions, garlic, tomato, bay leaves, black pepper, clove, thyme, parsley, sage, oregano, red wine.

### **Veal Demi Glace** *DF, GF*

Veal bones, leeks, carrots, celery, onions, garlic, tomato, bay leaves, black pepper, clove, thyme, parsley, sage, oregano, red wine.

### **Vegetable Demi Glace** *DF, GF, Vegan*

Carrots, celery, onion, mushrooms, leeks, potatoes, bay leaves, thyme, parsley, white pepper, tomatoes, grapeseed oil-extra virgin olive oil.